

Cygnet – Parent autism awareness programme invite

Barnardos have responded to the CV19 situation and are offering their Cygnet programme online through licensed trainers.

The programme is for parents/carers of children with autism aged between 7 and 18.

So here at Babcock LDP as licensed trainers we will be offering access to this programme during this summer term, as hosting our usual parent autism awareness programme is not physically possible at this time.

Is this course for me?

After a diagnosis parents and carers can have a lot of questions about autism and may feel isolated in managing their child's needs.

Children's needs also change over time, and information and advice received when a child is younger may need to be updated to be relevant for the child/young person today.

Attending Cygnet gives parents and carers an opportunity to develop their understanding of autism and look at practical solutions to managing social communication and behaviour difficulties.

6 weekly sessions (approx. 2hrs each) related to the following topic/themes:

No.	Topic	Release date
1	Introduction	Mon 1 st June
2	Autism overview	Mon 8 th June
3	Sensory	Mon 15 th June
4	Communication	Mon 22 nd June
5	Understanding behaviour	Mon 29 th June
6	Supporting behaviour	Mon 6 th July

We will send a web link to your email each week (Monday a.m) to access the relevant topic. You will need an email address and the internet to access this programme.

We will invite and respond to questions related to training topics/themes following each week's topic.

Posting on our Website, responses to the most commonly asked questions and additionally signposting to our already established and developing resources and themes.

How do I accept and access the programme?

- Simply email LDP-LearnerSupport@babcockinternational.com to indicate you would like to accept the course access offer (**using the same email you wish weekly web link sending to**) *Access invites have also been made to parents/carers on our existing waiting list for parent autism awareness programmes.*
- On Mon 1st June you will receive the 1st weeks web link from us
- Feel free to share this email with other families you know who would also welcome access. They will then also receive full access to the programme through us.

Once engaged in the programme we will maintain contact on a weekly basis to invite any questions you may have related to programme topics, and signpost you to additional resources and themes to support your learning.

This online access may be limited to the CV19 period only, so we would highly recommend access and completion if the programme is right for you?

The main benefit of online access is the ability to access on any day and time that fits with your own family life.

Apply direct by email to: LDP-LearnerSupport@babcockinternational.com